



“My Life: Deciding in Advance” seeks to promote Advance Care Planning (ACP) among adults 18+ in La Plata County. ACP is the process of expressing and documenting wishes for future healthcare decisions.

To schedule a free educational presentation, contact kathy@chaclapata.org or 970-884-2355.

Find Colorado statute-approved Advance Directives and more information at Community Health Action Coalition: www.chaclapata.org

For in-depth assistance, please contact any of these Personal Resource Specialists:

- ⇒ Mercy Home Health, Hospice and Palliative Care: MariRose at 970-382-2000
- ⇒ La Plata Senior Center: Annie Satariano or Sheila Casey at 970-382-6444
- ⇒ Axis Health System: Debbie Higgs at 970-335-2288
- ⇒ San Juan Basin Public Health: Laura Chapman at 970-335-2075
- ⇒ For a home or community visit, contact Lynn Westberg, Coordinator, at 970-799-0219

Additional On-Line Resources:

- ◆ Colorado Advance Directive Consortium: www.coloroadvancedirectives.com
- ◆ The Conversation Project: www.theconversationprojectinboulder.org
- ◆ Colorado Center for Hospice & Palliative Care: www.cochpc.org
- ◆ ACP Decisions: www.acpdecisions.org

For additional information: pattie@chaclapata.org or 970-799-0218

This initiative is coordinated by the Community Health Action Coalition (CHAC) with major funding from the Colorado Health Foundation and local funding from the Ballantine Family Fund, Evening Rotary, LPC Senior Services, and individual donors.